



**C.V. Behjat Shokrvash,**

Member of Faculty,

Department of Health Education and Promotion,

Faculty of Health, Tabriz University of Medical Sciences, Tabriz, Iran.

**Updated:May;2023**

## **Personal Information**

**Surname:** Shokrvash

**First Name:** Behjat

**Nationality:** Iranian

**Marital Status:** Married

**Work Tel:** ++984133357581-3

**Postal Address:** Department of Health Education and promotion, School of Health and Nutrition, Golgasht Street, Tabriz, Iran.

**Fax:** ++98413332294

**E. mail Address:** [shokrvash@tbzmed.ac.ir](mailto:shokrvash@tbzmed.ac.ir), [shokrvash@yahoo.com](mailto:shokrvash@yahoo.com)

ORCID ID: 0000-0003-0648-3990

## **Qualifications & Academic Achievement**

**PhD** in Health Education and Promotion, Tehran University of Medical Sciences, Tehran, Iran, 2013

**MsPH** in Health Education, Tehran University of Medical Sciences, Tehran, Iran; 1988.

**BSc** in Public Health, Tehran University of Medical Sciences, Tehran, Iran; 1988.

**Diploma** in Nature science, Maragheh, Iran; 1980

## **Employment background**

Since 1991 up to present 2017 working as a member of faculty

### **Teaching Experiences**

I have been involved in teaching the following courses:

1. Health Education and communication.
2. Educational Technology.
3. Research Methods in Health Systems.
4. Research Methods in Health Education and Promotion.

5. Ecology and International Health.
6. Communication in Health Promotion.

### **Member of Editorial Board**

1. International Journal of Pediatrics and Neonatal (IJPN)
2. EC Pediatrics
3. Clinic Oncology
4. Journal of Dental Sciences Research and Therapy (DSRT)

### **Reviewer in the following Journals**

1. Tabriz University of Medical Sciences, Student research Committee.
2. Journal of Medical Education Development.
3. Netherland Journal of Medicine.
4. Journal of Health Based Research
5. EC Paediatrics

### **Research Interest**

1. Adolescent Health Behavior
2. Patient Education
3. Health education and Health promotion field.

### **Publications**

#### **Full papers published in peer-reviewed journals:**

- **2022. The Magnitude of Salt Intake Behaviors and Its Predictors among Saqez Urban Population of Kurdistan District in Iran: A Cross-Sectional Study.** *International Journal of Hypertension 2022 - hindawi.com*
- **2020. Unrestricted prevalence of sedentary behaviors from early childhood .** *BMC public health2020 – Springer*
- **2020. The predictors of high dietary salt intake among hypertensive patients in Iran.** *International Journal of Hypertension 2020*
- **2018. Conversion of extrinsic into intrinsic motivation and computer based testing (CBT).** *BMC Medical Education 2018;18:143*

- **2018. A Psychometric properties of the attitude towards health care teamwork scale among university students.** *Shiraz E-Medical Journa*.
- **2017. Status of Health Tourism Information Management System in NorthWest** *Journal of Research in Medical and Dental Sciences* (2017); Vol. 5(6):P. 45-51. eISSN No. 2347-2367: pISSN No. 2347-2545.
- **2017. Early occurrence of childhood dental caries among low literate families.** *BMC Res Notes* (2017) 10:366 DOI 10.1186/s13104-017-2698-2.
- **2017. Behjat Shokrvash, Fariba Azabdaftari, Fatemeh Khani-Varzegan, Leila Erfanparast. Reforming oral health services to promote child general health.** *EC Pediatric*.6.1(2017)0.1.
- **2016 . Probiotics and Health: What Publication Rate on Probiotics, Prebiotics, and Synbiotics Implies?** in: Watson Ronald Ross, Preedy Victor R. probiotics, Prebiotics, and Synbiotics Bioactive Foods in Health Promotion .Academic Press is an imprint of Elsevier; USA:2016. Pages 691-698.
- **2015. Social support and dairy products intake among adolescents: a study from Iran.** *BMC Public Health*; 2015, 15:1078.
- **2014. Physical activity in Iranian older adults who experienced fall during the past 12 months.** *BMC Geriatrics* 2014, 14:115.
- **2014. Early detection of Toxoplasma gondii by real-time polymerase chain reaction methods in patients with recurrent spontaneous abortions.** *J Anal Res Clin Med*, 2014, 2(4), 193-6.
- **2014. The Role Of Intestinal Microbiota In Health And A Short Review On The Probiotic And Prebiotic Supplements In Obesity Prevention.** *Arak Medical University Journal (AMUJ)* 2014; 17(90): 18-26.
- **2013. Predictors of TV viewing, computer and video game playing among Iranian adolescents.** *PAYESH*. Journal of Iranian Institute for Health Sciences 2013;12,6.

- **2013 . Correlates of physical activity in adolescence: a study from a developing country.** *Global Health Action*.2013;6:1-8.
- **2013. Fruit and vegetables consumption among adolescents: A study from a developing country.***World Applied Sciences Journal*.2013;21(10):1502-1511.
- **2010. To identify the facilitator and barrier factors of physical activity among elderly people in Tehran.***Iranian Journal of Epidemiology*.2010;6(2):7-15.
- **2003. Assessment of FTT prevalence on 6-36 months children .***Tabriz Medical Journal* 2003;56;11-15.
- **1997 . Productivity in family Health.** *Family Health Journal* 2nd year, No.5, Spring ;1997.
- **1996 . Study of 209 burnaccidents at the age group of (1-15) year confined to be at the Sina Medical Center,***Tabriz Medical Journal* 1996; 29.
- **1991 . A Survey of Accidents in 0-14 Old Year Children in the City of Tabeiz, Iran.** *Iranian J. Publ. Health*.1991,20(1-4).

## **Research Projects**

- Investigation of the main causes of under 5 mortality due to congenital anomalies in East Azarbaijan province 1400-1401.
- Association of the body image and weight control methods among women 15-49 years attendant to Ramiyan health centers.
- Study of the parent-child sex communication styles among families attended to health centers, Tabriz;1398.
- Study of Parent's Health literacy and Child Health in Bijar Health Centers; 1396.
- Study of Relationship between Parent Media literacy and Virtual Network Dependency among Students 6 - 19 year old in Zanjan Schools.1396.
- Validation of the parental coping methods towards child stress in Ardabil schools, 1396.

- Study of parenting styles towards sedentary behavior control among 6-18years olds, health centers,Tabriz, Iran;2016
- Implementation intention strategy to reduce salt intake among hypertensive adults in Tabriz rural area, Tabriz,Iran;2016
- Association of the body image and weight control methods among women 15-49 years referred to Ramiyan health centers. Iran;2016
- Study of children oral health and mother perceived oral health quality of life among pre-school children, Tabriz,Iran;2015
- Study of relationship between coping skills (Communication - Verbal )and domestic violence among women attending health centers, Tabriz, Iran; 2015
- Developing a model for Health Tourism Information Management in northwest of Iran.Iran;2015.
- Effectiveness of educational model based on Marlatt model to prevent relapse among drug abused persons, Aftab center, Tehran,Iran; 2011-2013 ,registerd No. 13223, Tehran University research center
- Developing and evaluation of an educational, supportive framework to promote healthy behaviors among student adolescents, Tabriz, Iran 2010-2012, registerd No. 7028/240
- Effects of education to promote male participation on family planning .2002-2003.
- The effects of the nutritional and behavioral education and zinc supplementation on FTT (6-36) months children .Tabriz. 2001-2002.
- Assessment of interventional plan to reduce Iron deficiency anemia on (15-49) years old women Marand .1996-1997.

- Study of the accidents among (1-15) year old children confined to bed at Shohada and Sina Hospitals .Tabriz, 1991.